Naturally Fermented Dill Pickles

Homemade Dill Pickles or Огірки are always a hit at any meal.

5 lb. small pickling Cucumbers, un-waxed and un-washed

4-6 cloves Garlic

3 sprigs Dill Weed with Flower Heads

3 Cherry leaves or 1/4 tsp. alum (optional)

1/2 cup Coarse or Kosher Salt

3/4 to 1 gal. Water

6 Peppercorns

4-5 glass Canning Jars or Crock



Dill Weed with Flower Heads

- Soak but do not scrub cucumbers in very cold water for 30 min.
- Prick the cucumbers with a fork.
- Scald very clean glass jars with boiling water.
 - Place a cherry leaf at the bottom and arrange cucumbers vertically in layers, inserting garlic cloves, and dill weed randomly. Do not pack tightly. (If not using leaves, add alum for added crispness).
- Add salt to boiling water and stir. Pour brine over cucumbers and add peppercorns. Cover the top with sprigs of dill and seal tightly.
- Place in a cool, dark place to ferment.
- After 2 to 3 days, the cucumbers will be semi-cured; some cooks prefer them that way. After a few more days, fully cured pickles will become a lighter green.

The natural taste is mellow, yet tart.

I never add alum and they always come out crisp, and I do not have access to cherry leaves.

Some cooks like to add a small piece of horseradish root to their jars to enhance the flavour.

Vinegar or spices are not used in this recipe.

The juice or brine, is never thrown out; it is used as a base for soups, borsch, or drunk cold as an eye-opener.

To their health!!!



The beauty of canning your own pickles is that you can make them to suit your own personal tastes and needs.

2-3 lb. small Pickling Cucumbers

2 cloves Garlic

1Tb. granulated Sugar

2 Tb. white Vinegar

1 Bay Leaf

1Tb. Coarse or Kosher Salt

3 sprigs Dill Weed with Flower Heads

Very Cold Water

Glass Canning Jars

- Fill clean quart canning jar with pickles.
- Add garlic, bay leaf, sugar, pickling salt, and vinegar.
- Top jar with a coil of dill weed.
- Fill jars with very cold water to within 1/2" from the top.
- Seal jars. Leave on the counter for 3-4 days until the brine starts to cloud.
- Store in the refrigerator until all gone.

Mary Boguski

A Spicier Summer Dill Pickle

You can add the red pepper flakes to taste

12 - 3" to 4" long pickling **Cucumbers** 2 cups **Water**

1 3/4 cups White Vinegar 1-1/2 cups fresh Dill Weed,

1/2 cup granulated **Sugar** 8 cloves **Garlic**, chopped

1-1/2 Tb. Coarse Salt 1 Tb. Pickling Spice

1-1/2 tsp. **Dill Seed** 1/2 tsp. **Red Pepper Flakes**

- Combine cucumbers, water, vinegar, chopped dill, sugar, garlic, salt, pickling spice, dill seed, and red pepper flakes in a large bowl.
- Stir, and let stand at room temperature for 2 hours.
- Pack into sterilized jars, place a sprig of fresh dill into each jar, and seal with lids.
- Refrigerate for 10 days before eating. Use within 1 month.



Mama's recipe is to make a brine of 16 cups water, 2 cups vinegar, 1 cup sugar and 3/4 cup pickling salt. Boil for 5 minutes then immediately pour over jars filled with cukes, dill and garlic, and seal. Put sealed jars in a hot water bath until cukes lose their bright green color.

Easy...So I took her advice, with a couple modifications and here's what I did starting with gathering the canning jars and the ingredients.

Glass Canning Jars
Small Pickling Cucumbers
Pickling Spice
Peppercorns
Garlic

Brine

8 cups **Water** 1 cup. white **Vinegar** 1/2 cup granulated Sugar 1/3 cup coarse **Pickling Salt**



- Wash and clean cucumbers of any grit in cold water.
- Cut ends off the cucumbers
- Sterilize jars and into the warm clean jars add a pinch of pickling spice, couple of peppercorns or so, a head of dill weed and garlic.
- Add you cucumbers to the jar.
- Prep your brine I used half the recipe. Bring it to a boil for 5 min.
- Fill jars with brine, shake to get out any bubbles, wipe the tops, pop on a clean lid, pop them into a hot water bath for about
 5 min. or like Mama said until they lose their bright green colour.
- Do not forget to label them.



Here comes the hard part... do not touch them for a month!